



The tiny, ultra-dense core of the atom: what holds it together (binding energy), how it breaks apart (radioactivity), and how splitting or fusing it unleashes energy.

1. Nuclear Size, Density & Composition

Nucleus = protons (Z) + neutrons ($A-Z$); radius depends only on A , density is constant.

Nucleons: Z protons + $(A-Z)$ neutrons

A_ZX , A = mass number

$R = R_0 A^{1/3}$, $R_0 = 1.2 \text{ fm}$

$1 \text{ fm} = 10^{-15} \text{ m}$

$V \propto R^3 \propto A$

volume $\propto$ mass number

$\rho \approx 2.3 \times 10^{17} \text{ kg/m}^3$

same for ALL nuclei

$1u = 1.66 \times 10^{-27} \text{ kg} = 931.5 \text{ MeV}$

atomic mass unit

MUST KNOW Nuclear density is constant (independent of A and Z)
- mass $\propto A$ and volume $\propto A$ cancel.

MUST KNOW Radius ratio = cube root of A ratio; volume ratio = A ratio itself. Don't mix them.

- Nuclear matter is $\sim 10^{14}$ times denser than water - almost all atomic mass sits in the nucleus.

2. Mass Defect & Binding Energy

A bound nucleus is lighter than its free nucleons; the missing mass is its binding energy.

$\Delta m = [Z m_p + (A-Z) m_n] - M_{\text{nucleus}}$

mass defect (always > 0)

$BE = \Delta m c^2$

Einstein mass-energy

$BE = \Delta m \times 931.5 \text{ MeV}$

when Δm is in u

MUST KNOW Mass of nucleus $<$ sum of free nucleon masses; the deficit becomes binding energy.

MUST KNOW BE = energy released on formation = energy needed to break it apart (same number).

- Deuteron $BE \approx 2.2 \text{ MeV}$ ($\Delta m \approx 0.0024 u$) - a classic worked value.

3. BE per Nucleon Curve & Stability

BE per nucleon, not total BE , measures stability; the curve peaks at iron.

$\bar{E} = BE / A$

binding energy per nucleon

Peak: $A \approx 56$ (Fe), $\bar{E} \approx 8.8 \text{ MeV}$

most stable region

Energy released = $(\Sigma BE \text{ products}) - (\Sigma BE \text{ reactants})$

each $BE = \bar{E} \times A$

MUST KNOW Higher $\bar{E}$ = more tightly bound = more stable.

Everything drifts toward the iron peak.

MUST KNOW Heavy nuclei fission, light nuclei fuse - both move products to higher $\bar{E}$, releasing energy.

- Flat middle of the curve proves the nuclear force is short-range and saturates.

4. Radioactivity: α , β , γ & Decay Law

Unstable nuclei spontaneously emit radiation; decay rate $\propto$ number present.

$\alpha: Z \rightarrow Z-2, A \rightarrow A-4$

emits ^4_2He nucleus

$\beta^-: Z \rightarrow Z+1, A \text{ unchanged}$

$n \rightarrow p + e^- + \text{antineutrino}$

$\gamma: Z, A \text{ unchanged}$

de-excitation photon

$dN/dt = -\lambda N \rightarrow N = N_0 e^{(-\lambda t)}$

λ = decay constant

MUST KNOW Balance every decay by conserving BOTH charge (Z) and mass number (A).

MUST KNOW Decay rate is independent of temperature, pressure or chemical state - a pure nuclear property.

- Penetration: $\gamma > \beta > \alpha$. Ionising power is the exact reverse: $\alpha > \beta > \gamma$.

5. Half-Life, Activity, Fission & Fusion

Decay timescales, then the two energy-releasing nuclear reactions.

half-life $T = 0.693/\lambda$

$T = \ln 2 / \lambda$

mean life $\tau = 1/\lambda \approx 1.44 T$

$\tau > T$

$N/N_0 = (1/2)^n$, $n = t/T$

fraction remaining

activity $A = \lambda N = A_0 e^{(-\lambda t)}$

Bq = 1 decay/s; 1 Ci = 3.7×10^{10} Bq

Fission ≈ 200 MeV; D+T fusion ≈ 17.6 MeV

per nucleon, fusion wins

MUST KNOW Fraction remaining = $(1/2)^n$; fraction decayed = $1 - (1/2)^n$. Read what's asked.

- Activity and number of nuclei both halve every half-life - same exponential law.

MUST KNOW Fusion needs $\sim 10^7$ K to beat Coulomb repulsion; a moderator SLOWS neutrons in fission.

α vs β vs γ Radiation

	Alpha (α)	Beta-minus (β^-)	Gamma (γ)
Nature	${}_2^4\text{He}$ nucleus	Electron (e^-)	EM photon
Charge	+2e	-e	0
Change in Z	-2	+1	0
Change in A	-4	0	0
Penetration	Lowest (paper)	Medium (Al)	Highest (lead)
Ionising power	Highest	Medium	Lowest

Fission vs Fusion

	Fission	Fusion
Process	Heavy nucleus splits	Light nuclei combine
Trigger	Neutron capture	Very high temp ($\sim 10^7$ K)
Energy	~ 200 MeV / nucleus	~ 17.6 MeV (D+T)
Per nucleon	Less	More
Example	U-235 chain reaction	Powers the Sun

Mnemonic - Decay bookkeeping: α removes Z-2/A-4, β^- raises Z by 1, γ changes nothing

Alpha Adds 2&4, Beta Bumps Z up, Gamma Glides (no change)

Common traps

- Radius ratio uses the CUBE ROOT of the A ratio; volume ratio uses the A ratio directly. Mixing them is the classic blunder.
- Nuclear density is the SAME for every nucleus - it does not depend on A or Z. Free mark.
- β^- RAISES Z by 1 (neutron $\rightarrow$ proton); lowering it is a common slip. Also β^- -electrons are created in decay, not pre-existing.
- Decay rate cannot be changed by heat, pressure or chemistry. 931.5 MeV is per u; don't confuse with 511 keV (electron) or ~ 200 MeV (per fission).
- Moderator SLOWS neutrons to sustain fission; control rods ABSORB them. Fusion needs high temperature, not moderators.

Most asked in NEET »

R - $A^{(1/3)}$ radius/nucleon ratios

Mass defect $\rightarrow$ BE ($\times 931.5$)

$\alpha/\beta/\gamma$ decay balancing & isotope identity

Half-life: $(1/2)^n$ & parent:daughter ratios

Activity $A = \lambda N$

Fission ~ 200 MeV / fusion powers Sun

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